

# Dr. Carley Akehurst

## Vancouver

MyCanadianNaturopath.ca



### About

Dr. Carley Akehurst works hard to provide compassionate, comprehensive and evidence-based care for her patients. She was first introduced to complementary and alternative medicine through several international study abroad programs. After completing her Bachelors degree at UBC, she expanded her knowledge of the medical field by working with both MDs and NDs. After choosing a career in naturopathic medicine, Dr. Akehurst completed her four year medical degree at the Boucher Institute of Naturopathic Medicine.

Dr. Akehurst believes that doctors play an important role as teachers, educating and empowering patients to achieve balance in their own lives. During an appointment, she will listen to your unique story and conduct a thorough health history, a focused physical exam and laboratory testing (if necessary). She will then recommend an individual treatment plan that may include a combination of pharmaceutical drugs, herbs, acupuncture, diet and lifestyle counselling, and nutritional supplementation. In her practice, Dr. Akehurst emphasizes integrating foundational scientific knowledge and modern research with the traditional philosophies and practices of naturopathic medicine.

### Therapies Offered

- IV therapy
- Acupuncture
- Laboratory testing
- Pharmaceutical prescriptions

Contact Dr. Carley Akehurst-

### Contact

**Address 1:**


Unit 485 -1541  
W Broadway  
BC, Vancouver  
V6J 1W7

**Timings:**

Mon- Fri  
8:00 – 8:00  
Sat 9:00-3:00

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 604-251-3456

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 <https://mintintegrativ.com/>





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### Specialties In

- Pregnancy Care
- Children's Health
- Digestive Support
- Women's Health
- Hormone Balancing
- Skin Disorders
- Mental Health
- Stress Management

### Credentials

- Doctor of Naturopathy
- Bachelor of Arts

### Association

- British Columbia Naturopathic Association (BCNA)

### College

- Boucher Institute of Naturopathic Medicine


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